



## Ayurveda

### Consultations

#### **Comprehensive Consultation with Ayurvedic Doctor**

**Duration:** 60 minutes

**Components:** Verbal consultation

**Outcome:** An in-depth consultation receiving recommendations to live a healthier, happier lifestyle

An Ayurvedic consultation offers professional guidance on specific detoxifying and rejuvenating therapies, nutritional advice and energising fitness, along with yoga movements to create a lifestyle programme, which will restore individual balance in both the body and mind.

#### **Follow-Up Consultation**

**Duration:** 30 to 60 minutes

**Components:** Verbal consultation

Following a treatment, this consultation will discuss your progress and advise on additional treatments and recommendations, if necessary.

*Telemedicine consultations are also available. Please contact the Soneva Soul team for more information.*

### Treatments

#### **Abhyanga Classical**

**Duration:** 60 to 90 minutes

**Components:** Full body massage with medicated oil

Abhyanga is an Ayurvedic massage, where medicated oils are applied over the body with customised pressure in seven positions.

#### **Abhyangamardanam**

**Duration:** 60 to 90 minutes

**Components:** Full body massage with medicated oil

In this massage, muscles are targeted to tone and remove fatigue. Movements are done with customised medium to deep pressure.

#### **Marmaabhyanga**

**Duration:** 60 to 90 minutes

**Components:** Full body massage with medicated oil

Marma are the vital points on the body that has prana energy. This massage improves lymph flow and stimulates the immune system. It is deeply relaxing, detoxifying, strengthening and revitalises both mind and body.



### **Shirodhara**

**Duration:** 30 to 60 minutes

A flow of warm medicated oil, milk, butter milk or decoction is poured continuously on the forehead. This process stimulates the part of the brain known as the pineal gland, which produces serotonin and melatonin. These hormones play an important role in emotional balance.

### **Udwarthanam**

**Duration:** 60 to 90 minutes

A warm herbal powder massage, which can either be a general scrub or part of a weight loss programme.

### **Kizhi**

**Duration:** 60 to 90 minutes

This massage is conducted with a bolus (poultice) of medicated heated powder, fresh leaves and herbs, which are dipped in oil and warmed to body temperature.

### **Shiroabhyanga**

**Duration:** 30 to 60 minutes

This Ayurveda head massage uses light to medium, circular strokes, using special medicated oil applied to the scalp. Head massages are one of the most important techniques in Ayurveda, as they stimulate nerve centres, and relieve stress and tension throughout the body.

### **Padaabhyanga**

**Duration:** 30 to 60 minutes

This foot massage aims to heal the vital body points known as marma, which include soothing the nerves. It also helps to activate the immune system, and can prevent the early onset of any kind of physical and mental degeneration.



## Naturopathic Medicine

### Consultations

#### **Comprehensive Consultation with Naturopathic Doctor**

**Duration:** 60 to 90 minutes

**Components:** Verbal consultation and treatment plan

An in-depth consultation with our naturopathic doctor, covering every aspect of your health from mental and physical to spiritual and emotional. At the end of the consultation, you will receive a customised treatment plan including the appropriate lifestyle, supplement and regenerative therapy recommendations.

#### **Follow-Up Consultation**

**Duration:** 30 to 60 minutes

**Components:** Verbal consultation

Following up from a treatment, this consultation will discuss your treatment progress and assess whether further treatment is needed.

#### **Nutritional Consultation with Private Tasting**

**Duration:** 90 to 120 minutes

**Components:** Verbal consultation, treatment plan and medicinal meal

After your consultation with the doctor, you will receive a therapeutic nutrition plan tailored to your specific health-related concerns along with a four-week meal plan to help jumpstart your journey. Our Executive Chef will then prepare a tasting menu in accordance with the prescribed diet, which will be served in our garden.

*Telemedicine consultations are also available. Please contact the Soneva Soul team for more information.*

### Regenerative Treatments

#### **Major Auto-Haemotherapy**

**Duration:** 45 minutes

**Components:** A small amount of blood is taken, infused with ozone and re injected into the body

This powerful therapy is used to address and heal many chronic health conditions. A small amount of blood is taken, infused with ozone and re injected into the body, leaving you feeling energised, with increased mental clarity.

#### **Biophotonic Blood Therapy**

**Duration:** 45 to 60 minutes

**Components:** A small amount of blood is taken, infused with ozone and re injected into the body, with the use of ultraviolet light

This powerful therapy is used to address and heal many chronic health conditions, stimulating cytokines and activating the mitochondria in each cell to strengthen immune systems. A small amount of blood is taken, infused with ozone, exposed to ultraviolet light, and re injected into the body, leaving you feeling energised, with increased mental clarity.



### **Hyperbaric Oxygen Therapy**

**Duration:** 60 to 90 minutes

**Components:** Increases the amount of O<sub>2</sub> in the body while under pressure

This treatment takes place in a pressurised environment as you breathe 100 percent oxygen. During the process, the tissues are flooded with beneficial oxygen, promoting cellular tissue healing, regeneration and detoxification.

### **Constitutional Hydrotherapy**

**Duration:** 60 to 90 minutes

**Components:** Hot and cold compresses

Constitutional hydrotherapy is a special technique that utilises the healing power of water. With an intentional series of alternating hot and cold compress applications to the chest, abdomen, and back, the digestive tract is stimulated.

### **Medicinal Herb Bath**

**Duration:** 60 minutes

**Components:** Herbal bath

Immerse yourself into a ritualistic herbal bath, layered with both fresh and dry elements, including a variety of medicinal herbs and flowers, essential oils, plant milks, and Epsom salts. This treatment is designed to boost mood, calm the mind, soothe sore muscles and joints, open pores, soften skin, and promote a more restful sleep.

### **Flotation Pod Therapy**

**Duration:** 30 to 60 minutes

**Components:** Sensory deprivation

This therapy involves a pool of water rich in magnesium salt. The concentration of salt allows you to float freely, reducing stress and anxiety, relaxing muscles, decreasing pain and improving sleep.

### **Coffee Enema**

**Duration:** 30 minutes

**Components:** Rectal infusion

This treatment involves cleansing the colon and detoxifying the liver with pure organic coffee allowing for increased production of glutathione and stimulation of bile flow. Ideal for those looking for a deep liver cleansing.

### **Cranial Electrotherapy Stimulation (CES)**

**Duration:** 20 minutes

**Components:** Small probes are attached to the earlobes to deliver a very mild current to the body

Cranial Electrotherapy Stimulation is the application of gentle microcurrent, often via gelled electrode pads, to stimulate tissue in the hypothalamic area of the brain with a well-studied, healing frequency. This gentle stimulation prompts the brain to return to a state of homeostasis and normal production of neurotransmitters, which restores proper chemical rhythm and balance. CES promotes healthy serotonin, melatonin and B-Endorphin levels while decreasing cortisol, the 'stress' hormone that can throw your body out of balance.



### **Blood Electrification**

**Duration:** 30 to 90 minutes

**Components:** Use of the Silver Pulsar device to emit a gentle current on the pulse points of the wrist.

Blood electrification is a non-invasive, simple and painless method used to increase energy levels as well as elevating general health and wellbeing.

### **Celluma Light Therapy**

**Duration:** 30 minutes

**Components:** Phototherapy using LED light therapy

Red and near-infrared wavelengths are utilised in the Celluma LED light therapy devices to brighten and restore the skin. These specific wavelengths of light energy are clinically verified to enhance your body's natural ability to generate collagen and elastin by activating the fibroblast cells. Light Therapy with Celluma can be used for facial rejuvenation, hair loss, acne, wound healing, general pain reduction for muscles, joints and arthritis.

### **BEMER Therapy**

**Duration:** 30 minutes

**Components:** Phototherapy using LED light therapy

Experience a variety of benefits whilst laying on a PEF device. BEMER can stimulate healthy muscles in order to improve and facilitate muscle performance and temporarily improve local circulation in healthy muscles. BEMER can enhance nutrient and oxygen delivery; improve blood flow; help with muscle conditioning; and physical performance, fitness and muscular strength; endurance and energy; vitality and wellbeing by improving sleep and reducing stress levels.

## **Connective Tissue Injections**

### **Prolotherapy**

**Duration:** 30 minutes

**Components:** Injection

Prolotherapy is an injection-based treatment for chronic musculoskeletal pain. A relatively small volume of an irritant or other sterile solution is injected at specific sites on and near painful ligaments and tendons. This draws immune cells and blood flow to the region, flushing out toxins, bringing in new nutrients and healing the tissues.

### **Trigger Point Injections**

**Duration:** 30 minutes

**Components:** Injection

When a muscle becomes tight, torn or bruised, the point of origin for the injury is known as a trigger point, and can cause headaches, migraines and other bodily pain. Treating the pain at the trigger point is highly effective, helping the muscle relax and reducing inflammation. After a trigger point injection, blood flow to the area improves, flushing toxins, lactic acid and debris from the area, and allows nourishing and oxygenated fresh blood to perfuse.



### **Prolozone Injections**

**Duration:** 30 minutes

**Components:** Injection

Prolozone combines the principles of neural therapy, Prolotherapy and ozone therapy, injecting a combination of procaine, anti-inflammatory medications, homeopathics, vitamins, minerals, proliferatives and ozone/oxygen gas into degenerated or injured joints and painful areas. Prolozone injection therapy

effectively treats arthritic joints, spinal and joint pain, trigger points and a number of other ailments.

### **Vitamin Injection**

**Duration:** 5 to 10

**Components:** Injection

Choose from pre-made formulas, or have one custom designed by our naturopathic doctor for a quick boost.

## **Joint Injections**

### **Platelet-Rich Plasma (PRP) Injections**

**Duration:** 50 minutes

**Components:** Injection using treated blood

This treatment takes a small sample of your blood, which is placed in a centrifuge to create platelet-rich plasma. When injected into a target area, this can trigger tissue regeneration and stimulate the healing process, speeding up the recovery time for injuries and decreasing pain.

### **Prolozone Injections**

**Duration:** 30 minutes

**Components:** Injection

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## Microneedling

### **Microneedling with Hyaluronic Acid**

**Duration:** 60 minutes

**Components:** Skin microneedling

This non-invasive procedure uses tiny needles to create micro channels in the skin. This activates the body's natural immunity response, sending blood and growth factors to the area, increasing collagen production, and therefore reducing fine lines and wrinkles and tightening skin. This treatment is effective at reducing of acne scarring, sun damage and stretch marks.

### **Microneedling with PRP**

**Duration:** 80 minutes

**Components:** Skin microneedling with PRP

Combining microneedling with platelet-rich plasma introduces growth hormone and growth factors to significantly increase the rate of tissue regeneration. PRP also helps to speed up the healing process while stimulating the skin to repair and renew itself at a faster rate, increasing the skin's elasticity, improving signs of ageing and addressing sun damage.

### **Hair Restoration with PRP**

**Duration:** 60 minutes

**Components:** Skin microneedling with PRP

A non-surgical procedure, platelet-rich plasma is effective in treating thinning hair and slowing or stopping the progression of hair loss. The treatment can tackle both male and female pattern baldness and alopecia as it encourages the growth of existing hair follicles, making your hair appear fuller and healthier without resorting to surgery.

### **Skin Rejuvenation**

**Duration:** 60 minutes

**Components:** Microneedling and intradermal injections

PRP, along with medical ozone is used to improve overall skin texture, decrease the appearance of fine lines and wrinkles around the mouth and eyes, and plump hollowing areas such as tear trough grooves, cheeks and temples. This treatment can also help heal acne and smooth both acne and surgical scars.

### **Microneedling with Chinese Herbal Medicine**

**Duration:** 90 minutes

**Components:** Skin microneedling followed by the use of herbal remedies

Microneedling with Chinese Herbal Medicine creates microtrauma in the skin, which triggers the skin's own natural repair response to start producing collagen and elastin. It is used to improve the appearance of the skin, acne scars and stretch marks, as well as reducing the signs of lines and wrinkles. This curated treatment includes the use of healing traditional Chinese herbal remedies, facial cupping, sculpting facial massage and celluma lamp to amplify results.



### **Nano Needling**

**Duration:** 60 minutes

**Components:** Small tool to create nano channels in the skin

Nano Needling treats the epidermis of the skin, focusing on areas where microneedling cannot target. Using Chinese herbal serums, facial cupping and sculpting massage, this treatment reduces pigmentation, increases the cell turnover, improves the condition of the skin and offers an immediate glow with no downtime. It can be done weekly to exfoliate and boost the skin.

## **Aesthetic Procedures**

### **Lip Enhancement**

**Duration:** 30 minutes

**Components:** Nano needling and injections

Nano Needling with PRP is used to provide a gentle exfoliation, while reducing lip lines and Fordyce spots. Injections can also be used to stimulate collagen leaving lips looking plump and hydrated.

### **Localised Fat Reduction**

**Duration:** 60 minutes

**Components:** Subcutaneous injection

Medical ozone can be used to reduce localised pockets of fatty tissue, including the chin, abdomen, flanks, thighs, and upper arms. This treatment is also effective for reducing cellulite.

## **Vitamin IV Therapy**

Feel rejuvenated during your stay and beyond with our specially curated selection of intravenous (IV) therapies that can enhance your mind, body and soul from the inside out.

### **Glutathione Push**

Glutathione is a powerful antioxidant that helps protect cells from damage, and detoxifies harmful substances in the body. A glutathione push may be used to improve immune function, reduce inflammation and promote overall health and wellness.

### **Bespoke Vitamin Therapy**

One of our most popular and best-selling vitamin therapies. Work with your wellness provider to build a customised nutrient formulation that targets your exact wellness needs.

### **Immunity Booster**

Boost your immune system to combat whatever life might throw at you, by using IV Vitamin C, which has been shown to fight infections. Used in combination with immune-supporting minerals and antioxidants, your immune system will be running better than ever.





### **Fatigue Eraser**

Fight stress and fatigue head-on. This targeted therapy is packed full of potent amino acids, minerals and B Vitamins to help alleviate the effects of daily life and jet lag.

### **Beauty Elixir**

Feel beautiful inside and out with this antioxidant, Vitamin C and mineral-rich formula that gives your cells the tools needed to fight signs of ageing, restore collagen and brighten your skin, leaving you feeling younger and more confident than ever.

### **Slimming Lift**

Give your metabolism a kick start to break down fats and eliminate toxins with this specially formulated infusion of carnitine, minerals, magnesium and B Vitamins.

### **Sommelier's Secret**

Indulging should never put a damper on your stay. Feel revitalised and ready to take on a new day with a blend of B Vitamins, minerals and amino acids to erase your hangover blues.

### **NAD+**

Do you wish you had the energy of your younger self? Give your cells a boost while also improving mood, athletic performance and overall brain health with this naturally occurring molecule.

*\* This infusion requires a consultation with our wellness provider prior to booking an appointment for administration.*

## **Bio-Oxidative IV Therapy**

### **Bio-Oxidative IV**

**Duration:** 60 to 90 minutes

**Components:** Intravenous infusion

Bio-Oxidative therapy involves purposefully stimulating a low level of oxidative stress, by introducing active oxygen (typically from H<sub>2</sub>O<sub>2</sub> or O<sub>3</sub>) to the body. This results in increased immune function and cellular renewal. Options available are Ozone (O<sub>3</sub>), Hydrogen Peroxide (H<sub>2</sub>O<sub>2</sub>), and High-Dose Vitamin C (H<sub>2</sub>O<sub>2</sub>) IVs.

### **Chelation IV**

**Duration:** 60 to 90 minutes

**Components:** Intravenous infusion

Chelation therapy is a non-invasive way to remove accumulated heavy metals in the body. EDTA, a chelating agent, is administered intravenously and acts as a magnet for heavy metals, effectively binding them and allowing for them to be excreted through urine.



## Traditional Chinese Medicine

### Consultations

#### **Comprehensive Consultation with Traditional Chinese Medicine Doctor**

**Duration:** 60 minutes

**Components:** Verbal consultation followed by recommended treatment plan

A consultation with our Traditional Chinese Medicine (TCM) doctor is required to ensure the correct treatment path is followed and to ensure the best results. In TCM the mind, body and spirit are not viewed as separate but as interconnected structures that work together to keep the body functioning. Your doctor will consult on every aspect of your health, explain appropriate nutritional recommendations, introduce effective supplements, lifestyle changes and sleep hygiene, and recommend the appropriate course of treatment, with integrated interventions of regenerative procedures.

#### **Follow-Up Consultation**

**Duration:** 30 to 60 minutes

**Components:** Verbal consultation

Following a treatment, this consultation will discuss your progress and advise on additional treatments and recommendations, if necessary.

*Telemedicine consultations are also available. Please contact the Soneva Soul team for more information.*

### Treatments

#### **Chiropractic Treatment**

**Duration:** 30 minutes

**Components:** A comprehensive evaluation and full body adjustment

Chiropractic care goes beyond merely addressing spinal issues; it also effectively addresses conditions such as hip bursitis, knee injuries, arthritis, plantar fasciitis, shoulder and rotator cuff pain, tennis elbow, tendinitis, carpal tunnel syndrome and more. Treatments include a unique combination of soft tissue and myofascial release techniques, and may also include stretching and lifestyle recommendations to maximise outcomes. While a single treatment offers some relief, optimal results are typically achieved after a series of three or more treatments.

#### **Acupuncture**

**Duration:** 45 minutes

**Components:** Insertion of fine needles into strategic points of the body

From tension headaches and chronic lower back pain to allergies, digestive issues and stress and anxiety, a customised treatment will be tailored to your individual needs. Each acupuncture treatment activates the body's innate healing capabilities to restore optimal function to the body. While many find relief after a single session, a series of treatments is often recommended to achieve optimal results and sustained relief.



## **Combined Chiropractic and Acupuncture Treatment**

**Duration:** 60 minutes

**Components:** Chiropractic evaluation and insertion of fine needles into pressure points

This integrative approach magnifies the healing benefits of both modalities, targeting a wide range of health issues from tension headaches and chronic lower back pain to osteoarthritis, allergies and digestive issues. This session commences with a comprehensive chiropractic evaluation and adjustment to alleviate pain and muscle tension and is seamlessly followed by a personalised acupuncture treatment to target specific health concerns or enhance overall wellness.

## **Frequency Specific Microcurrent (FSM)**

**Duration:** 30 minutes

**Components:** A non-invasive, pain-free technique utilising low-level electrical currents of varying frequencies

With hundreds of frequencies to choose from, FSM exerts a calming influence on the mind and nervous system, offering substantial relief for painful nerve conditions such as shingles, peripheral neuropathy and sciatica. FSM also helps manage chronic conditions such as chronic fatigue, anxiety, PTSD, irritable bowel syndrome, chronic tendonitis and more. When combined with acupuncture or chiropractic treatments, FSM accelerates the healing process and enhances overall results.

## **Auricular Acupuncture**

**Duration:** 30 minutes

**Components:** Application of needles, magnets, tiny seeds or crystals, treating the outer ear

A specialised practice focusing on the rich network of acupuncture points on the ear. This unique approach offers a range of benefits in managing anxiety, stress, depression, pain relief, post-traumatic stress disorder, internal organ balance and much more. This treatment is well-suited for children and anyone who feels nervous about having a traditional acupuncture treatment.

## **Facial Rejuvenation with Acupuncture**

**Duration:** 60 minutes

**Components:** Insertion of fine needles into the facial muscles

Fine needles are expertly inserted into facial muscles, fine lines and wrinkles, to improve facial muscle tone, boost collagen production and enhance circulation and elasticity. The outcome is a more youthful, radiant complexion with a refreshed and plump appearance. Each session is complemented by a soothing jade roller massage and state-of-the-art Celluma therapy to amplify the rejuvenating effects.

## **Electro-Acupuncture**

**Duration:** 45 minutes

**Components:** Electrodes of microcurrent applied to specific acupuncture points

An advanced technique that amplifies traditional acupuncture's effects. A gentle electrical current invigorates acupuncture points to minimise pain, calm nerves, boost circulation and reduce swelling. Electro-acupuncture is particularly advantageous for acute and chronic sports injuries, effectively addressing issues affecting joints and tendons.



## **Cupping**

**Duration:** 30 minutes

**Components:** Application of cupping tools on strategic points and meridian pathways of the body

Traditional Chinese cupping is widely used to treat pain and musculoskeletal injuries, relax muscles, enhance detoxification, stimulate the immune system and relieve inflammation. Negative pressure is created in the cup to encourage blood flow and increase circulation. Benefits can often be felt immediately during and after cupping. Due to the vacuum effect of the cups, marks may appear on the skin which typically heal within two to five days.

## **Gua Sha**

**Duration:** 30 minutes

**Components:** Use of a smooth-edged tool to gently target areas of your body

Using gua sha, your doctor will promote the flow of qi through the body, while helping to ensure a better blood supply and proper nerve conduction, so that everything moves through your body as it should. Gua sha can even help with anxiety, fatigue, insomnia and perimenopausal symptoms, when used with acupuncture.



## Price List

Treatment Name	Duration (Minutes)	Price (USD)
<b>Ayurveda</b>		
<i>The initial visit for any treatment will include a 30-minute consultation to ensure safety and efficacy of the treatment and will cost an additional USD 150++ above the cost of the treatment</i>		
Comprehensive Consultation with Ayurvedic Doctor	60	500
Follow-Up Consultation	30/60	325
Abhyanga Classical	60 / 90	210/250
Abhyangamardanam	60 / 90	210/250
Marmaabhyanga	60 / 90	210/250
Shirodhara	30/60	150/200
Udwartanam	60/90	250/360
Kizhi	60 / 90	250/360
Abhyangam & Shirodhara	90	360
Shiroabhyanga	30 / 60	175/210
Padaabhyanga	30 / 60	175/210
<b>Naturopathic Medicine</b>		
<i>The initial visit for any treatment will include a 30-minute consultation to ensure safety and efficacy of the treatment and will cost an additional USD 150++ above the cost of the treatment</i>		
Comprehensive Consultation with Naturopathic Doctor	60	600
Follow-Up Consultation	30/60	325
Nutritional Consultation with Private Tasting	90/120	700
<b>Regenerative Treatments</b>		
Major Auto-Hemotherapy	45	350
Hyperbaric Oxygen therapy	60/90	200/230
Course of 3	60	480
(Course of 5 x 60 minutes)	60	750
Course of 10	60	1,400
Constitutional Hydrotherapy	60	350
Medicinal Herb Bath	60	225/275
Flotation Pod	30/60	100/185
Coffee Enema	30	175
Cranial Electrotherapy Stimulation (CES)	20	100
Blood Electrification	30	135
Celluma Light Therapy	30	175
Bemer Therapy	30	100
Biophotonic Blood Therapy	45/60	450



## Price List

Treatment Name	Duration (Minutes)	Price (USD)
<b>Connective Tissue Injections</b>		
Prolotherapy	30	450
Course of 3		1,080
Course of 5		1,650
Trigger Point Injections	30	225
Course of 3		540
Course of 5		845
Prolozone Injections	30	600
Course of 3		1,440
Course of 5		2,250
<b>Joint Injections</b>		
Platelet-Rich-Plasma (PRP) Injections	50	1,500
<i>Additional joints (PRP)</i>		1,000
Prolozone Injections	30	600
<i>Additional joints</i>		400
<b>Microneedling</b>		
Microneedling with Hyalyronic Acid	60	600
<i>Per additional body area (face, neck, chest)</i>		300
Microneedling with PRP	60	1,500
<i>Per additional body area (face, neck, chest)</i>		300
Hair Restoration with PRP	60	1,500
Microneedling with Traditional Chinese Herbs	90	750
Nano Needling	60	425
Skin Rejuvenation	60	1,500
<b>Vitamin IV Therapy</b>		
Bespoke Vitamin Therapy		375
Immunity Booster		325
Fatigue Eraser		325
Beauty Elixir		350
Slimming Lift		330
Sommelier's Secret		325
NAD+		450
Vitamin Injection	5	80
Glutathione Push	5	50
<b>Bio-Oxidative IVs</b>		
Ozone	60/90	375
Hydrogen Peroxide	60/90	375
High-dose Vitamin C	60/90	375
Chelation IV	60/90	375
<b>Aesthetic Procedures</b>		
Localised Fat Reduction	60	500
Course of 3		1,350
Course of 6		2,550
Lip Enhancement	30	425



## Price List

Treatment Name	Duration (Minutes)	Price (USD)
<b>Traditional Chinese Medicine</b>		
<i>The initial visit for any treatment will include a 30-minute consultation to ensure safety and efficacy of the treatment and will cost an additional USD 150++ above the cost of the treatment</i>		
Comprehensive Consultation with Traditional Chinese Medicine Doctor	60	500
Follow-Up Consultation	30/60	325
Chiropractic Treatment	30	250
Course of 3		675
Course of 5		1000
Acupuncture	45	350
Course of 3		950
Course of 5		1400
Combined Chiropractic and Acupuncture Treatment	60	450
Frequency Specific Microcurrent (FSM)	30	175
Auricular Acupuncture	30	175
Facial Rejuvenation with Acupuncture	60	375
Electro-Acupuncture	45	350
Cupping	30	175
Gua Sha	30	175